

BOOK YOUR
FREE 30 MINUTE
ESSENTIAL OIL
CONSULTATION

SIGN UP FOR A
MEMBERSHIP OR
CLASS PASS

CHECK
IN ON
SOCIAL
MEDIA

ENJOY
YOUR FREE
15 MIN REIKI
SESSION

BOOK A
MASSAGE
WITH
NIKKI

BOOK YOUR
FREE 30 MINUTE
WELLNESS
CONSULTATION

ATTEND
MEDITATION
AND/OR
REIKI CLASS

TRY ONE
OF OUR
SMOOTHIES
OR JUICES

ATTEND
2 YOGA
CLASSES
PER WEEK